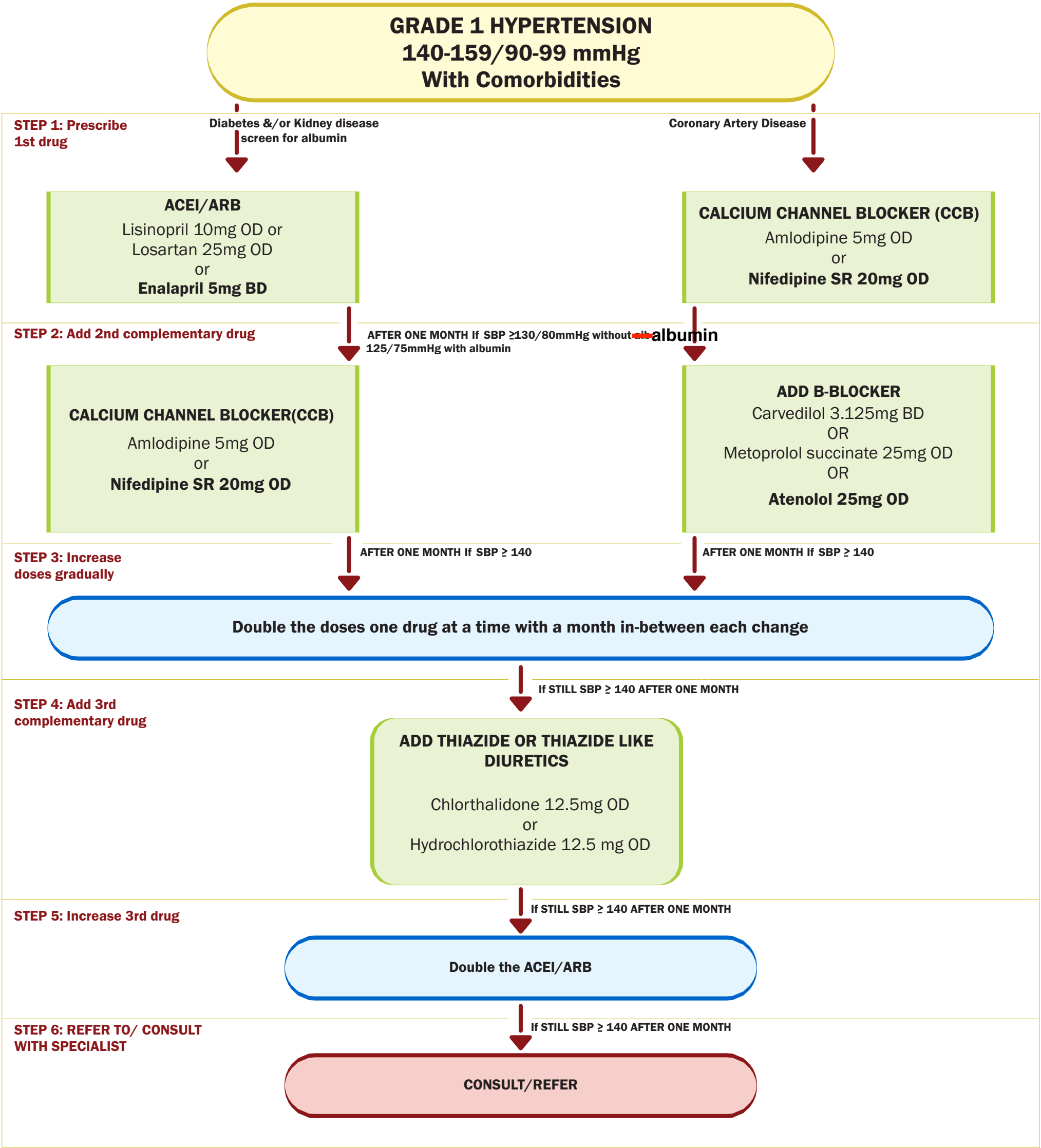


Approach for the Management Of GRADE 1 Hypertension in Adults ≥ 18 years with Comorbidities



Repeat Renal function tests at least every three months OR at shorter interval where indicated

Where single formulation Hydrochlorothiazide 12.5mg Hydrochlorothiazide-amiloride can be used in its place as 1 tab

Do not double the B blocker if heart rate below 60bpm