

Management Of Chronic Hypertension Preconception

Switch to Nifedipine 20mg SR OD

IF BP > 135/85mmHg after 2 weeks



ADD METHYLDOPA
Nifedipine 20mg SR OD + Methyldopa 250mg BD

IF BP > 135/85mmHg after 2 weeks



INCREASE NIFEDIPINE
Nifedipine 40mg SR OD + Methyldopa 250mg BD

IF BP > 135/85mmHg after 2 weeks



INCREASE METHYLDOPA
Nifedipine 40mg SR OD + Methyldopa 250mg TDS

IF BP > 135/85mmHg after 2 weeks



INCREASE NIFEDIPINE
Nifedipine 60mg SR OD + Methyldopa 250mg TDS

IF BP > 135/85mmHg after 2 weeks



INCREASE METHYLDOPA
Nifedipine 60mg SR OD + Methyldopa 500mg TDS

IF BP > 135/85mmHg after 2 weeks



INCREASE METHYLDOPA
Nifedipine 60mg SR OD + Methyldopa 750mg TDS

IF BP > 135/85mmHg after 2 weeks



INCREASE METHYLDOPA
Nifedipine 60mg SR OD + Methyldopa 1000mg TDS

IF BP > 135/85mmHg after 2 weeks



REFER